

Breakfast menu

Chilled orange, apple, cranberry juice

**Selection of cereals
Porridge**

**Natural and fruit yoghurts
Berry compote, grapefruit segments, poached prunes**

Croissants

**Full English breakfast
Grilled bacon, sausage *, tomato, black pudding
Mushrooms, baked beans, hash brown
Free-range eggs
Fried, poached or scrambled
Boiled eggs**

Smoked salmon and scrambled eggs

Grilled Cornish kippers with lemon

**Toast and Cornish preserves
Breakfast tea
Filter coffee
Selection of fruit infusions**

*** vegetarian sausages available**